Tota Pulchra
es María

Prayer book
Tota Pulchra
es
Maria
O Mary, conceived without sin, pray for us who have recourse to thee, and for all those who do not have recourse to thee, especially for the Freemasons and for those who are commended to thy care.
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Human words cannot possibly speak of her adequately, for she is immaculate, completely beautiful, while our words are not flawless, nor are in fact the created realities themselves spotless from which their sense is drawn.

Human language must only help the soul to approach her, for she herself will manifest to our soul ever more clearly. **By frequently and affectionately spending time with her in prayer**, our soul will understand her ever more perfectly. It will be captivated by her divine immaculateness and will be set ablaze with love toward her until utter self-consumption.

We call her *Mother*. Yet an earthly mother is not immune from flaws. That is why human institutions also deal with the rights of children toward their parents. This Mother, though, is a flawless, immaculate Mother, and any reservation on the part of the child would be to her, and justly so, the cause of indescribable grief and injustice, for it would imply that it is not impossible for her to have the tiniest shadow of stain. In fact the child who entrusts
himself to her wishes her to make use of him and be worn out: he wishes to be consumed for her.

We call her *Lady*, but that concept is far removed from a motherly heart.

We call her *Queen*, yet need to add then that she is Queen of hearts, Queen of love. Her law is love, her strength is motherly love.

Yet, these and such similar clarifications, albeit of unlimited number, will be unable to say even in part what a soul consumed by love of her can feel.

The soul feels within itself that the Immaculata belongs to it ever more in each respect and is aware that such experience is but the beginning of knowledge and love of her.

**Directly from her Heart, you shall draw more knowledge with regard to her and shall be set ablaze with love of her, much more than any human word could possibly teach you.**

*St. Maximilian Maria Kolbe,*

*Niepokalanów, August 5–20, 1940*
Tota pulchra es, Maria / Thou art all fair, O Mary

V. Tota pulchra es, Maria.
R. Tota pulchra es, Maria.

V. Et macula originalis non est in te.
R. Et macula originalis non est in te.

V. Tu gloria Hierusalem.
R. Tu laetitia Israel.

V. Tu honorificentia populi nostri.
R. Tu advocata peccatorum.

V. O Maria.
R. O Maria.

V. Virgo prudentissima.
R. Mater clementissima.

V. Ora pro nobis.
R. Intercede pro nobis ad Dominum Iesum Christum.

V. In conceptione tua, Immaculata fuisti.
R. Ora pro nobis Patrem cuius Filium peperi-sti.

V. Domina, protege orationem meam.
R. Et clamor meus ad te veniat.

V. Thou art all fair, O Mary.
R. Thou art all fair, O Mary.
V. And the original stain is not in thee.
R. And the original stain is not in thee.
V. Thou art the glory of Jerusalem.
R. Thou, the joy of Israel.
V. Thou art the honour of our people.
R. Thou art the advocate of sinners.
V. O Mary.
R. O Mary.
V. Virgin most prudent.
R. Mother most tender.

V. Pray for us,
R. Intercede for us with Jesus Christ our Lord.

V. In thy conception, Holy Virgin, thou wast immaculate.
R. Pray for us to the Father, Whose Son thou didst bring forth.

V. O Lady! Aid my prayer,
R. And let my cry come unto thee.

V. Let us pray: Holy Mary, Queen of heaven, Mother of our Lord Jesus Christ, and mistress of the world, who foresaketh no one, and despiseth no one, look upon me, O Lady! with an eye of pity, and entreat for me of thy beloved Son the forgiveness of all my sins; that, as I now celebrate, with devout affection, thy holy and immaculate conception, so, hereafter, I may receive the prize of eternal blessedness, by the grace of Him whom thou, in virginity, didst bring forth, Jesus Christ our Lord: Who with the Father and the Holy Ghost, liveth and reigneth, in perfect Trinity, God, unto the ages of ages.
R. Amen.
Ave Maria / Hail Mary

Ave Maria, gratia plena, Dominus tecum, benedicta tu in mulieribus, et benedictus fructus ventris tui, Iesus.
Sancta Maria, Mater Dei, ora pro nobis pecatoribus, nunc, et in hora mortis nostrae. Amen.

Hail Mary, full of Grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Angelus / The Angelus

V. Angelus Domini nuntiavit Mariae;
R. Et concepit de Spiritu Sancto.
V. Ave Maria... (until ventris tui, Iesus.)
R. Sancta Maria...
V. Ecce ancilla Domini.
R. Fiat mihi secundum verbum tuum.
V. Ave Maria... (until ventris tui, Iesus.)
R. Sancta Maria...
V. Et Verbum caro factum est.
R. Et habitavit in nobis.

V. Ave Maria... (until ventris tui, Iesus.)
R. Sancta Maria...

V. Ora pro nobis, sancta Dei Genetrix.
R. Ut digni efficiamur promissionibus Christi.

V. Oremus: Gratiam tuam, quaesumus, Domine, mentibus nostris infunde; ut qui, Angelo nuntiante, Christi Filii tui incarnationem cognovimus, per passionem eius et crucem, ad resurrectionis gloriae perducamur. Per eundem Christum Dominum nostrum. R. Amen.

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Ghost.

V. Hail Mary... (until of thy womb, Jesus.)
R. Holy Mary...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.

V. Hail Mary... (until of thy womb, Jesus.)
R. Holy Mary...

V. And the Word was made Flesh.
R. And dwelt among us.
V. Hail Mary... (until of thy womb, Jesus.)
R. Holy Mary...
V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

V. Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord. R. Amen.

Regina Coeli / Queen of Heaven
V. Regina coeli, laetare, alleluia.
R. Quia quem meruisti portare, alleluia.
V. Resurrexit sicut dixit, alleluia.
R. Ora pro nobis Deum, alleluia.
V. Gaude et laetare, Virgo Maria, Alleluia.
R. Quia surrexit Dominus vere, alleluia.
V. Oremus: Deus qui per resurrectionem Filii tui, Domini nostri Iesu Christi, mundum laetificare

V. Queen of Heaven rejoice, alleluia.
R. For He whom thou didst merit to bear, alleluia.
V. Has risen as He said, alleluia.
R. Pray for us to God, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. Because the Lord is truly risen, alleluia.

V. Let us pray: O God, who by the Resurrection of Thy Son, our Lord Jesus Christ, granted joy to the whole world: grant we beg Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of eternal life. Through the same Christ our Lord. R. Amen.
Act of Consecration to the Immaculata
(according St. Maximilian)

O Immaculata, Queen of heaven and earth, refuge of sinners and our Mother who loves us so much and to whom God has entrusted the entire kingdom of mercy!

I, N.N., an unworthy sinner, cast myself down at your feet and implore you with all my heart: deign to accept me utterly and entirely as your possession and your property. Do what you will with me, with all the faculties of my soul and my body, with my whole life, with my death and my eternity.

Dispose of me as it pleases thee, so as to fulfill what is said of thee: “She will crush the head of the serpent,” and also: “Thou alone hast vanquished all heresies throughout the world.”

Make me an instrument in your immaculate and merciful hands to serve thee, so as to increase as much as possible thy honour in so many tepid souls that have fallen away from the faith and thus to extend the kingdom of the Sacred Heart of Jesus. For upon whatever place you enter, you implore the grace of conversion and
sanctification, for all graces come to us from the Sacred Heart of Jesus only through thy hands.

*Grant to me to praise thee, O most Blessed Virgin.*

*Give me strength against thine enemies.*

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**St. Maximilian Kolbe’s praise of Mary**

*Grant* to me that I may praise you, most Blessed Virgin.
*Grant* that I may praise you with all my strength.  
*Grant* that I may live and work and suffer for you and for you alone, that I may be consumed and die for you.  
*Grant* that I may contribute to your greater and more extensive glorification.  
*Grant* that I may pay you such homage as no one has yet paid you.  
*Grant* that others may surpass me in their zeal for your glorification and that I may then, as though in a noble competition, propagate devotion to you ever more deeply and swiftly and magnificently, as desired by Him Who exalted you so ineffably above all other creatures. Amen.
Memorare / Remember, O Most Gracious Virgin Mary


Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help or sought thine intercession, was left unaided. Inspired by this confidence, I fly to thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.
Salve Regina / Hail, Holy Queen


Hail Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.
Prayer of St. Maximilian
"That Mary will reign"

Oh! Immaculate, the Queen of Heaven and earth, I know I am unworthy to approach you, to fall on my knees before you with my face to the ground, but because I love you so much, I dare beg you to be good enough to deign to tell me who you are. For I wish to know you more and more, endlessly more, and love you more and more ardently, with boundless zeal.

And I wish to reveal to other souls who you are, that an ever increasing number of souls may know you ever more perfectly and love you ever more ardently, so that you become the Queen of all the hearts that beat and will beat on earth at any time, and that as soon as possible, as soon as possible.

Some still do not know your name at all. Others, plunged in the mud of immorality, dare not look up to you; still others believe they have no need of you in order to achieve the purpose of their lives. Yet there are also some whom Satan — who refused to recognize you as his Queen and was thus turned
from an angel into a devil — prevents from bending their knees before you.

Many are those who love you, who are fond of you, but how few are those who for love of you are willing to do anything, to labour, to suffer, and even to sacrifice their lives.

Oh Lady! Reign in the hearts of all and of each of us. Let all inhabitants of the earth recognize you as our Mother, and our Father in heaven as Father, and so finally they all will feel as brothers. Amen.

Sub Tuum Praesidium

Sub tuum praesidium confugimus, sancta Dei Genitrix; nostras deprecationes ne despicias in necessitatibus; sed a periculis cunctis libera nos sempe, Virgo gloriaea et benedicta.

We fly to thy patronage, O holy Mother of God. Despise not our petitions in our necessities, but deliver us always from all dangers, O Glorious and Blessed Virgin.
Magnificat / My Soul Doth Magnify the Lord

1. Magnificat anima mea Dominum.
2. Et exultavit spiritus meus in Deo salvatore meo.
3. Quia respexit humilitatem ancillae suae ecce enim ex hoc beatam me dicent omnes generationes.
4. Quia fecit mihi magna, qui potens est: et sanctum nomen eius.
5. Et misericordia eius a progenie in progenies timentibus eum.
7. Deposuit potentes de sede, et exaltavit humiles.
8. Esurientes implevit bonis: et divites dimisit inanes.
9. Suscepit Israel, puerum suum, recordatus misericordiae suae.
10. Sicut locutus est ad patres nostros, Abraham et semini eius in saecula.
1. My soul doth magnify the Lord;
2. And my spirit hath rejoiced in God my Saviour,
3. Because He hath regarded the humility of His handmaid: for behold, from henceforth all generations shall call me blessed,
4. Because He that is mighty hath done great things to me, and holy is His Name,
5. And his mercy is from generation unto generations to them that fear Him.
6. He hath shewed might in His arm: He hath scattered the proud in the conceit of their heart.
7. He hath put down the mighty from their seat, and hath exalted the humble.
8. He hath filled the hungry with good things, and the rich He hath sent empty away.
9. He hath received Israel, His servant, being mindful of His mercy,
10. As He spoke to our fathers, to Abraham and to His seed forever.
11. Glory be to the Father, and to the Son, and to the Holy Ghost.
12. As it was in the beginning, is now, and ever shall be, world without end. Amen.
Litany of the Blessed Virgin Mary  
(Litany of Loretto)  

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.  

God, the Father of heaven, have mercy on us.  
God, the Son, Redeemer of the world, 

have mercy on us.  

God, the Holy Ghost, have mercy on us.  
Holy Trinity, one God, have mercy on us.  

Holy Mary, pray for us.  
Holy Mother of God,  
Holy Virgin of virgins,  
Mother of Christ,  
Mother of the Church,  
Mother of Divine grace,  
Mother most pure,  
Mother most chaste,  
Mother inviolate,  
Mother undefiled,  
Mother most amiable,  
Mother most admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Saviour,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honour,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,

pray for us.
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the Most Holy Rosary,
Queen of peace,

*Lamb of God,* who takest away the sins of the world, *spare us, O Lord.*
*Lamb of God,* who takest away the sins of the world, *graciously hear us, O Lord.*
*Lamb of God,* who takest away the sins of the world, *have mercy on us.*

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

V. *Let us pray:* Grant, we beseech Thee, O Lord God, unto us Thy servants, that we may rejoice in con-
tinual health of mind and body; and by the glorious
intercession of Blessed Mary ever Virgin, may be
delivered from present sadness, and enter into the
joy of thine eternal gladness. Through Christ, Our
Lord. R. Amen.

Te Mater alma

Sweet mother of the Lord most high, to thee
we bow in humble prayer, to thee from evil pow-
ers we fly; O shield and keep us in thy care.
It was to lift our fallen race above the curse of
Adam's crime, the king bestowed on thee all
grace and shaped thy Motherhood sublime.
So Mother, unto thee we pray; thou sets our
need; thy Son entreat that He, His anger turned
away, may raise our souls in mercy sweet.

All glory, Jesus, unto Thee, born of the Vir-
gin void of stain; the same to Sire and Spirit be
proclaimed through one eternal reign. Amen.
Sweet Mother

Sweet Mother! Turn those gentle eyes
Of pity down on me;
Oh! Hear thy suppliant's tearful cries,
My humble prayer do not despise,
Star of the pathless sea!
In dark temptation's dreary hour,
To thee, bright Queen, we flee;
Oh! then exert a mother's power,
When storms are rough and tempests lower;
Star of the raging sea!
Through all my joys and cares, sweet Maid,
May I still look on thee,
Who bore the Price our ransom paid,
And ne'er the suppliant's cry hath stayed;
Star of the azure sea!
And when my last expiring sigh,
My soul from earth shall free,
Do thou, bright Queen of Saints, stand by,
And bear it up to God on high,
Star of the boundless sea!
Litany of the Immaculate Conception

For private use only

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father, Source of all sanctity,
    have mercy on us.
God the Son, uncreated Sanctity, have mercy on us.
God the Holy Ghost, have mercy on us.
Spirit of Sanctity, have mercy on us.
Most sacred Trinity, one God, have mercy on us.

Holy Mary, immaculate, pray for us.
Virgin of virgins, immaculate,
Holy Virgin, by predestination immaculate,
Holy Virgin, in thy conception immaculate,
Holy Virgin, after thy conception immaculate
Daughter of the Father, immaculate,
Mother of the Son, immaculate,
Spouse of the Holy Ghost, immaculate,
Seat of the most Holy Trinity, immaculate,
Image of the Wisdom of God, immaculate,
Dawn of the Son of Justice, immaculate,
Living arc of the body of Christ, immaculate,
Daughter of David, immaculate,
Guide to Jesus, immaculate,
Virgin, triumphing over original sin, immaculate,
Virgin crushing the head of the serpent, immaculate,
Queen of heaven and earth, immaculate,
Gate of the heavenly Jerusalem, immaculate,
Dispenser of graces, immaculate,
Spouse of St. Joseph, immaculate,
Star of the world, immaculate,
Impregnable tower of the Church militant, immaculate,
Rose amid thorns, immaculate,
Olive of the fields, immaculate,
Model of all perfection, immaculate,
Cause of our hope, immaculate,
Pillar of our faith, immaculate,
Source of divine love, immaculate,
Sure sign of our salvation, immaculate,
Rule of perfect obedience, immaculate,
Pattern of holy poverty, immaculate,
School of devotion, immaculate,
Abode of chaste modesty, immaculate,
Anchor of our salvation, immaculate,
Light of angels, immaculate,
Crown of Patriarchs, immaculate,
Glory of Prophets, immaculate,
Lady and Mistress of Apostles, immaculate,
Support of Martyrs, immaculate,
Strength of Confessors, immaculate,
Diadem of Virgins, immaculate,
Splendor of all Saints, immaculate,
Sanctity of all Christians, immaculate,
Companion of devout souls, immaculate,
Joy of those who hope in thee, immaculate,
Health of the sick, immaculate,
Advocate of sinners, immaculate,
Terror of heretics, immaculate,
Protectress of all mankind, immaculate,
Patroness of those who honour thee, immaculate,

**Lamb of God**, who takest away the sins of the world, *spare us, O Lord.*
**Lamb of God**, who takest away the sins of the world, *graciously hear us, O Lord.*
**Lamb of God**, who takest away the sins of the world, *have mercy on us.*

V. In thy conception, O Virgin Mary, thou wast immaculate.
R. Pray for us to the Father, Whose Son Jesus conceived of the Holy Ghost, thou didst bring forth.

V. Let us pray: O Almighty and Eternal God, Who didst prepare for thy Son a worthy habitation, by the immaculate conception of the Blessed Virgin Mary; we beseech Thee, that, as Thou didst preserve her from every stain of sin, through the merits of the pre-ordained atonement of Jesus Christ, so Thou wouldst grant that we also may come without spot to Thee. Through the same Jesus Christ Our Lord. R. Amen.

Prayer of Saint Pius X

to the Immaculate Virgin

O most holy Virgin who didst find favour in God’s sight and hast become His Mother, O Virgin, immaculate in body and soul, in thy faith and in thy love, look down with pity on the wretched who in our need seek thy powerful protection.

The evil serpent on whom was cast the primal curse continues, alas to attack and ensnare the poor children of Eve. But thou, our mother
Blessed our Queen and our Advocate, thou who from the first instant of thy conception didst crush the head of this cruel enemy, receive our prayers: United to thee with one heart, we beseech thee to present them before the throne of God.

May we never be caught in the snares around us, but rather may we all reach the harbor of salvation. Despite the awesome perils which threaten, may God’s Church and all Christian society sing out once again the hymn of deliverance, of victory and of peace. Amen.

Ejaculations in honour of the Immaculate Conception

In your Conception, O Virgin Mary, you were immaculate! Pray for us to the Father, Whose Son Jesus, conceived in your womb by the Holy Ghost, you brought forth.

An indulgence of 300 days each time

O Mary, who came into this world free from sin, obtain from God for me to leave it without sin. An indulgence of 300 days each time
Litany of Our Lady of Lourdes

For private use only

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have...
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.

Mary Immaculate Virgin, through whom the divine Redeemer was given to us, pray to Jesus for us.
Mary Immaculate Virgin, thou glorious channel of divine mercy,
Mary Immaculate Virgin, who so miraculously appeared at the grotto of Lourdes,
Mary Immaculate Virgin, who hast chosen this lowly grotto in order to teach us detachment from the world,
Mary Immaculate Virgin, who was surrounded by a brilliant light in order to reveal to us the heavenly glory and splendour,
Mary Immaculate Virgin, who hast taught us with unspeakable sweetness how to protect the beauty of our soul,
Mary Immaculate Virgin, who was clothed in white in order to remind us to keep our soul free from all stain of sin,
Mary Immaculate Virgin, who didst appear with a blue girdle in order to teach us virginal modesty and confidence in God,
Mary Immaculate Virgin, who didst appear looking up to heaven in order to direct our thoughts to God and eternity,
Mary Immaculate Virgin, who didst appear with a rosary hanging on thy arm in order to encourage us to say it often and devoutly,
Mary Immaculate Virgin, who hast revealed thyself to a poor innocent child in order to show to us thy great love for children and for the poor,
Mary Immaculate Virgin, who hast opened through this child the miraculous fountain at Lourdes,
Mary Immaculate Virgin, who hast given such manifold graces to mankind by means of this miraculous fountain,

pray for us.
Mary Immaculate Virgin, who hast increased the devotion of so many devout souls,
Mary Immaculate Virgin, who hast restored by thy intercession the sight to so many blind,
Mary Immaculate Virgin, who hast obtained at Lourdes the hearing for so many deaf,
Mary Immaculate Virgin, who hast restored at Lourdes health to so many sick,
Mary Immaculate Virgin, who hast consoled at Lourdes so many afflicted hearts,
Mary Immaculate Virgin, who hast given at Lourdes help to so many who in their necessities came confidently to thee,

Mary Immaculate Virgin, pray, we beseech thee, for Holy Church.
Mary Immaculate Virgin, pray, we beseech thee, for the head of the Church, our Holy Father the Pope.
Mary Immaculate Virgin, pray, we beseech thee, for our relatives friends, and enemies and also for all infidels and pagans.
Mary Immaculate Virgin, be our aid, we beseech thee, in all evil that threatens us.

_Lamb of God_, who takest away the sins of the world, _spare us, O Lord._
Lamb of God, who takest away the sins of the world, graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world, have mercy on us.

V. Pray for us, Our Lady of Lourdes, Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

V. Let us pray: O God, who by the Immaculatae Conception of the Virgin didst prepare a worthy dwelling-place for Thy Son, we humbly beseech Thee that we who venerate the appearance of this same Virgin may obtain health of soul and body. Through Christ our Lord. R. Amen.

Prayer to Our Lady of Lourdes

O Holy Virgin, in the midst of your days of glory, do not forget the sorrows of this earth. Cast a merciful glance upon those who are suffering, struggling against difficulties, with their lips constantly pressed against life's bitter cup.
Have pity on these who love each other and are separated.
Have pity on our rebellious hearts.
Have pity on our weak faith.
Have pity on those we love.
Have pity on those who weep, on those who pray, on those who fear.
Grant hope and peace to all. Amen.

St. Aloysius Gonzaga's Prayer to the Blessed Virgin Mary

To thee, O Holy Mary, my sovereign Mistress, to thy blessed trust and special charge, and to the bosom of thy mercy, this day and every day and at the hour of my death, I commit myself, my soul and my body; to thee I commit all my hope and all my consolation, my distresses and miseries, my life and the end thereof; that through thy most holy intercession and through thy merits, all my works may be directed and disposed, according to the will of thy Son. Amen.
Litany of the Holy Name of Mary

For private use only

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Son of Mary, hear us.
Son of Mary, graciously hear us.
Heavenly Father, of Whom Mary is the Daughter,
    have mercy on us.
Eternal Word, of Whom Mary is the Mother,
    have mercy on us.
Holy Ghost, of Whom Mary is the spouse,
    have mercy on us.
Divine Trinity, of Whom Mary is the Handmaid,
    have mercy on us.

Mary, Mother of the Living God, pray for us.
Mary, daughter of the Light Eternal,
Mary, our light,
Mary, our sister,
Mary, flower of Jesse,
Mary, issue of kings,
Mary, chief work of God,
Mary, the beloved of God,
Mary, Immaculate Virgin,
Mary, all fair,
Mary, light in darkness,
Mary, our sure rest,
Mary, house of God,
Mary, sanctuary of the Lord,
Mary, altar of the Divinity,
Mary, Virgin Mother,
Mary, embracing thy Infant God,
Mary, reposing with Eternal Wisdom,
Mary, ocean of bitterness,
Mary, Star of the Sea,
Mary, suffering with thine only Son,
Mary, pierced with a sword of sorrow,
Mary, torn with a cruel wound,
Mary, sorrowful even to death,
Mary, bereft of all consolation,
Mary, submissive to the law of God,
Mary, standing by the Cross of Jesus,
Mary, Our Lady,
Mary, Our Queen,
Mary, Queen of glory,
Mary, glory of the Church Triumphant,
Mary, Blessed Queen,
Mary, advocate of the Church Militant,
Mary, Queen of Mercy,

pray for us.
Mary, consoler of the Church Suffering,
Mary, exalted above the Angels,
Mary, crowned with twelve stars,
Mary, fair as the moon,
Mary, bright as the sun,
Mary, distinguished above all,
Mary, seated at the right hand of Jesus,
Mary, our hope,
Mary, our sweetness,
Mary, glory of Jerusalem,
Mary, joy of Israel,
Mary, honour of our people,
Mary, Our Lady of the Immaculate Conception,
Mary, Our Lady of the Assumption,
Mary, Our Lady of Loreto,
Mary, Our Lady of Lourdes,
Mary, Our Lady of Fatima,
Mary, Our Lady of Czestochowa,
Mary, Our Lady of the Miraculous Medal,
Mary, Our Lady of Mount Carmel,
Mary, Our Lady of the Angels,
Mary, Our Lady of Dolours,
Mary, Our Lady of Mercy,
Mary, Our Lady of the Rosary,
Mary, Our Lady of Victory,
Mary, Our Lady of La Trappe,
Mary, Our Lady of Divine Providence,

*Lamb of God*, Who takest away the sins of the world, *spare us, O Lord Jesus.*

*Lamb of God*, Who takest away the sins of the world, *graciously hear us, O Lord Jesus.*

*Lamb of God*, Who takest away the sins of the world, *have mercy on us, O Lord Jesus.*

Son of Mary, *hear us.*
Son of Mary, *graciously hear us.*

V. I will declare thy name unto my brethren.
R. I will praise thee in the assembly of the faithful.

V. *Let us pray:* O Almighty God, Who beholdest Thy servants earnestly desirous of placing themselves under the shadow of the name and protection of the Most Holy Virgin Mary, vouchsafe, we beseech Thee, that by her charitable intercession, we may be delivered from all evil on earth, and may arrive at everlasting joys in Heaven, through Jesus Christ Our Lord. R. Amen.
“Inter flores”

When you follow Mary, you will not go astray. When you pray to her, you will not despair. When you think of her, you will not err. When she sustains you, you will not fall. When she protects you, you will not fear. When she leads you, you will not become tired. When she favours you, you will arrive safely.

Psalm by St. Bonaventure

Blessed is the man, O Virgin Mary, who loves thy name; thy grace will comfort his soul. He will be refreshed as by fountains of water; thou wilt produce in him the fruit of justice. Blessed art thou among women; by the faith of thy holy heart. By the beauty of thy body thou surpassest all women; by the excellence of thy sanctity thou surpassest all angels and archangels. Thy mercy and thy grace are preached everywhere; God has blessed the works of thy hands. Glory be to the Father, etc.
Litany to the Immaculate Heart of Mary

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world,
    have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.
Holy Heart of Mary, pray for us.
Heart of Mary, conceived without sin,
Heart of Mary, well-beloved Heart of the daughter of the Heavenly Father,
Heart of Mary, richly blessed heart, of the Mother of the Son of God,
Heart of Mary, chosen Heart of the Spouse of the Holy Ghost,
Heart of Mary, admirable Heart of the Mother of the Creator,
Heart of Mary, lovable Heart of the Mother of the Redeemer,
Heart of Mary, Seat of Wisdom,
Heart of Mary, Mirror of Justice,
Heart of Mary, Throne of Mercy,
Heart of Mary, Epitome of all sanctity,
Heart of Mary, Ark of the Covenant,
Heart of Mary, Gate of Heaven,
O glorious Heart of Mary,
O tender Heart of Mary,
O humble Heart of Mary,
O patient Heart of Mary,
O virginal Heart of Mary,
O pure and holy Heart of Mary,
O Heart of Mary, worthy of all praise,
O Heart of Mary, worthy of all love,
Heart of Mary, pierced for us with a sword of sorrow,
Heart of Mary, Light of the erring,
Heart of Mary, Refuge of sinners,
Heart of Mary, Strength in temptation,
Heart of Mary, Hope of the dying,
Heart of Mary, Comfort of the souls in Purgatory,
Heart of Mary, help in all our trials,
Heart of Mary, Pledge of the promises of Christ,
Heart of Mary, perfect Holocaust of Divine Love,
Heart of Mary, Joy of all hearts,
Heart of Mary, Joy of Angels and Saints,
Heart of Mary, crowned with glory and splendour in heaven,

*Lamb of God*, who takes away the sin of the world, *spare us, O Lord.*
*Lamb of God*, who takes away the sins of the world, *graciously hear us, O Lord.*
*Lamb of God*, who takes away the sins of the world, *have mercy on us.*

Christ, *hear us.*
Christ, *graciously hear us.*

V. Holy Heart of Mary, pray for us.
R. That we may be made worthy of the promises of Christ.

V. *Let us pray:* O most merciful God, who for the salvation of sinners and the refuge of the wretched, has made the Immaculate Heart of Mary most like in tenderness and pity to the Heart of Jesus, grant that we, who now commemorate Her most sweet and loving Heart, may by her merits and intercession, ever live in the fellowship of the hearts of both Mother and Son, through the same Christ our Lord!    R. Amen.
Act of Consecration
to the Immaculate Heart of Mary

Queen of the Holy Rosary, Help of Christians, Refuge of the human race, Conqueress in God’s battlefields, to You and to Your Immaculate Heart in this tragic hour of human history we entrust and consecrate ourselves, and the Holy Church.

She is the Mystical Body of Your Jesus, suffering and bleeding in so many parts and tormented in so many ways, we consecrate to you the whole world torn by bitter strife and consumed by the fire of hatred the victim of its own wickedness.

Look with compassion to all material and moral destruction, to the suffering and fears of fathers and mothers of husbands and wives, of brother and sisters and innocent children.

Look at the many lives cut down in the flower of youth, so many bodies torn to pieces in brutal slaughter, so many souls tortured and troubled and in danger of being lost eternally.

Oh, Mother of Mercy, obtain peace for us from God! Obtain especially those graces, which can convert human hearts quickly. Those graces, which can prepare, establish and ensure peace.
Queen of Peace, pray for us; give the world at war the peace for which all are longing, peace in Truth, Justice and the Charity of Christ. Give them peace of the arms and peace of mind, that in tranquillity and order the Kingdom of God may expand.

Grant your protection to infidels and to those still walking in the shadow of death; give them peace and permit that the sun of truth may shine upon them; and that together with us they may repeat before the Only Saviour of the World: Glory to God in the highest and peace on earth among men of good will (Lk 2:14). Give peace to the people separated by error and schism, particularly those, who have special devotion to you and among whom there was no home, where your venerable Icon was not honoured, though at present it may be hidden in the hope for better days.

Bring them back to the One Fold of Christ, under the One True Shepherd. Obtain peace and complete liberty for the Holy Church of God, check the spreading flood of neo-paganism, arouse within the faithful love of purity the practice of Christian life and apostolic zeal, so that the people who serve God, may increase in merit and number.
All of humanity were once consecrated to the Heart of your Son. All our hopes rest in Him, Who is in all times sign and pledge of victory and salvation.

Forever we consecrate ourselves to you and to your Immaculate Heart, oh, Mother and Queen of the World!

May your love and patronage hasten the victory of the Kingdom of God, may all nations, at peace with each other and with God, proclaim you Blessed and sing with you from one end of the earth to the other, the eternal Magnificat of glory, love and gratitude to the Heart of Jesus, in which alone, they can find Truth, Life and Peace.

To Mary, Refuge of sinners

O most pure Virgin Mary, I worship thy most holy heart, which was the delight and rest in place of God, thy heart overflowing with humility, purity, and Divine love. I, an unhappy sinner, approach thee with a heart all loathsome and wounded. O compassionate Mother, disdain me not on this account; let such a sight rather move
thee to greater tenderness, and excite thee to help me. Do not stay to seek virtues or merit in me before assisting me. I am lost, and the only thing I merit is Hell. See only my confidence in thee and the purpose I have to amend. Consider all that Jesus has done and suffered for me, and then abandon me if thou canst.

I offer thee all the pains of His life; the cold that He endured in the stable; His journey into Egypt; the Blood which He shed; the poverty, sweat, sorrows, and death that He endured for me, and this in thy presence. For the love of Jesus take charge of my salvation.

Ah, my Mother, I will not and cannot fear that thou wilt reject me, now that I have recourse to thee and ask thy help. Did I fear this, I should be offering an outrage, to thy mercy, which goes in quest of the wretched, in order to help them.

O Lady, deny not thy compassion to one to whom Jesus has not denied His Blood. But the merits of this Blood will not be applied to me unless thou recommendest me to God. Never, never, then, cease to pray for me until thou seest me safe in Heaven at thy feet, blessing and thanking thee for ever. Amen
Litany of the Seven Sorrows of the Blessed Virgin Mary

For private use only

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have...
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.

Mother of Sorrows, pray for us.
Mother whose soul was pierced by the sword,
Mother who fled with Jesus into Egypt,
Mother who sought Him sorrowing for three days,
Mother who saw Him scourged and crowned with thorns,
Mother who stood by Him while He hung upon the Cross,
Mother who received Him into thine arms when He was dead,
Mother who saw Him buried in the tomb,
O Mary, Queen of Martyrs, save us by thy prayers.
O Mary, comfort of the sorrowful,
O Mary, help of the weak, etc.
O Mary, strength of the fearful,
O Mary, light of the despondent,
O Mary, nursing mother of the sick,
O Mary, refuge of sinners,
Through the bitter Passion of thy Son,
Through the piercing anguish of thy heart,
Through thy heavy weight of woe,
Through thy sadness and desolation,
Through thy maternal pity,
Through thy perfect resignation,
Through thy meritorious prayers,
From immoderate sadness,
From a cowardly spirit,
From an impatient temper,
From fretfulness and discontent,
From sullenness and gloom,
From despair and unbelief,
From final impenitence,
We sinners, we beseech thee, hear us.
Preserve us from sudden death,
Teach us how to die,
Succour us in our last agony, etc.
Guard us from the enemy,
Bring us to a happy end,
Gain for us the gift of perseverance,
Aid us before the Judgment Seat,
Mother of God,
Mother, most sorrowful,
Mother, most desolate,

*Lamb of God*, Who takest away the sins of the world, *spare us, O Lord.*
*Lamb of God*, Who takest away the sins of the world, *graciously hear us, O Lord.*
*Lamb of God*, Who takest away the sins of the world, *have mercy on us.*

Christ, hear us. Christ, graciously hear us. Lord, have mercy. Christ, have mercy. Lord, have mercy.

V. Succour us, O Blessed Virgin Mary,
R. In every time, and in every place.

V. *Let us pray*: O Lord Jesus Christ, God and Man, grant, we beseech Thee, that thy dear Mother Mary, whose soul the sword pierced in the hour of Thy Passion, may intercede for us, now, and in the hour of our death, through Thine Own merits, O Saviour of the world, who with the Father and the Holy Ghost livest and reignest, God, world without end. 
R. Amen.
Petition to the Sorrowful Heart of Mary

V. Incline unto my aid, O God!
R. O Lord, make haste to help me!
Glory be to the Father, and to the Son, and to the Holy Ghost.

1. I compassionate you, O sorrowful Mother Mary, on account of that grief suffered by your tender heart at the prophecy of the aged Holy Simeon. O dearest Mother, through this your afflicted heart implore for me the virtue of humility and the Gift of the Fear of God. 
One Hail Mary.

2. I compassionate you, O sorrowful Mother Mary, on account of those distressing fears which your affectionate heart endured on the flight to Egypt and during your sojourn there. O dearest Mother, through this your anxious heart implore for me the virtue of generosity, particularly for the poor, and the Gift of Piety. 
One Hail Mary.

3. I compassionate you, O sorrowful Mother Mary, on account of that anxiety
which your worried heart endured in the loss of your beloved Child Jesus. O dearest Mother, through this your exceedingly troubled heart implore for me the virtue of chastity and the Gift of Knowledge. One Hail Mary.

4. I compassionate you, O sorrowful Mother Mary, on account of that horror with which your mother-heart was stricken when meeting Jesus, bearing the Cross. O dearest Mother, through this your exceedingly oppressed heart implore for me the virtue of patience and the Gift of Fortitude. One Hail Mary.

5. I compassionate you, O sorrowful Mother Mary, on account of that martyrdom which tortured your magnanimous heart at the death agony of Jesus. O dearest Mother, through this your martyred heart implore for me the virtue of temperance and the Gift of Counsel. One Hail Mary.

6. I compassionate you, O sorrowful Mother Mary, on account of the anguish inflicted upon your tender heart by the thrust of the lance that opened the side of Jesus and pierced His most adorabe Heart. O dearest Mother, through this
vicarious transfixion of your own heart implore for me the virtue of brotherly love and the Gift of Understanding.  
*One Hail Mary.*

7. *I compassionate you,* O sorrowful Mother Mary, on account of that agony of soul which racked your most loving heart at the burial of Jesus. O dearest Mother, through this extreme torment that filled your burdened heart implore for me the virtue of zeal and the Gift of Wisdom. *One Hail Mary.*

**V.** Pray for us, O Virgin Most Sorrowful!  
**R.** That we may be made worthy of the promises of Christ.

**V.** *Let us pray:* O Lord Jesus Christ, we beseech You, that the most Blessed Virgin Mary, whose soul was pierced by the Sword of Sorrow in the hour of Your Passion, may be our advocate at the throne of Your Mercy, now, and at the hour of our death. Through You, Jesus Christ, Redeemer of the world, Who live and reign with the Father and the Holy Ghost, world without end.  
**R.** Amen.
Litany of Our Lady, Mediatrix of all Graces

For private use only

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Son of Mary, hear us.
Son of Mary, graciously hear us.

God the Father of heaven, have mercy on us.
God the Son, Redeemer of the world, have...
God the Holy Ghost, have mercy on us.
Holy Trinity, one God, have mercy on us.
Holy Mary, full of grace, pray for us.
Thou chosen daughter of the heavenly Father,
Thou gracious Mother of the Eternal Word,
Thou true Spouse of the Holy Ghost,
Thou Immaculate Conception,
Thou Co-Redemptrix of the human race,
Thou Mother of the Mystical Body of Christ,
Thou Mother of the redeemed,
Thou Mother of Holy Church,
Thou Mother of the living,
Thou Mother of youth,
Thou Mother of the sad and suffering,
Thou Mother of the tempted and tired,
Thou Mother of the oppressed and the erring,
Thou Mother of our life of grace,
Thou Mother of beautiful love,
Thou Mother of the fear of God,
Thou Mother of the holy knowledge,
Thou Mother of joyful hope,
Thou Mother of our Holy, Catholic Faith,
Thou Dispensatrix of the graces of Redemption,
Thou Guide to the graces of the Sacraments,
Thou Mediatrix of every grace of assistance,
Thou Mediatrix of our perfect conversion,
Thou Mediatrix of our constant progress,
Thou Mediatrix of the constant readiness of heart
for the inspiration of the Holy Ghost,
Thou Mediatrix of the spirit of Jesus Christ, thy Son,
Thou Mediatrix of our perfection in Christ,
Thou Mediatrix of childlike union with the Father,
Thou powerful Mediatrix for us with the heavenly Father,
Thou wisest Mediatrix for us with the Eternal Word,
Thou most merciful Mediatrix for us with the Holy Ghost,
Thou most gracious Mediatrix for us with the Holy Trinity,
Thou Mediatrix of great sanctity,
Thou Mediatrix of all graces,

*Lamb of God,* who takest away the sins of the world, *spare us, O Lord.*

*Lamb of God,* who takest away the sins of the world, *graciously hear us, O Lord.*

*Lamb of God,* who takes away the sins of the world, *have mercy on us.*

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

V. *Let us pray:* O Lord Jesus Christ, our Mediator with the father who hast deigned to make the Most Blessed Virgin, Thy Mother, also our Mother and our Mediatrix with Thee, grant graciously, that all who draw nigh to Thee through her receive all things. Thou who livest and reignest with the same God the Father in the unity of the Holy Ghost, God forever and ever. R. Amen.
Litany of the Life of the Blessed Virgin

For private use only

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us.
Son of Mary, hear us. Son of Mary, graciously hear us.

God the Father of heaven, have mercy on us. God the Son, Redeemer of the world, have...
God the Holy Ghost, have mercy on us. Holy Trinity, one God, have mercy on us.

Holy Virgin, sprung from the race of David, Holy Virgin, espoused to the just Joseph, Holy Virgin, bound by an inviolable vow of chastity, Holy Virgin, gloriously saluted by the Angel, Holy Virgin, full of grace, Holy Virgin, blessed among all women, Holy Virgin, conceiving by the operation of the Holy Ghost, Holy Virgin, bearing in thy womb the Man-God, Holy Virgin, Mother of the Lord, Holy Virgin, Mother of the true Solomon, Holy Virgin, visiting thy cousin Elizabeth, Holy Virgin, blest land, whence sprung the Saviour, pray for us.
Holy Virgin, holy gate, through which the King of Heaven alone may pass, 
Holy Virgin, journeying to Bethlehem with thy spouse Joseph, 
Holy Virgin, bringing into the world thy divine Son, 
Holy Virgin, laying the Son of God in a manger, 
Holy Virgin, visited by the shepherds, 
Holy Virgin, saluted by the Magi, 
Holy Virgin, presenting thy Son to be circumcised, 
Holy Virgin, submitting to the law of purification, 
Holy Virgin, offering thy dear Son in the temple, 
Holy Virgin, flying into Egypt to save thy Child, 
Holy Virgin, returning from Egypt into the land of Israel, 
Holy Virgin, leading an obscure life at Nazareth, 
Holy Virgin, keeping the feasts prescribed by the law, 
Holy Virgin, afflicted at the loss of thy Child, when he was twelve years old, 
Holy Virgin, seeking thy Child for three days sorrowing, 
Holy Virgin, honouring with thy presence the marriage-feast of Cana, 
Holy Virgin, graciously representing to thy Son the want of wine,
Holy Virgin, obtaining a miracle by thy intercession,
Holy Virgin, following thy Son in His ministries,
Holy Virgin, sharing the sorrows of thy Son,
Holy Virgin, standing at the foot of the cross,
Holy Virgin, confided by thy Son to the beloved disciple,
Holy Virgin, pierced with a sword of sorrow,
Holy Virgin, filled with the Holy Ghost on the day of Pentecost,
Holy Virgin, called Blessed by all generations,
Holy Virgin, reigning in heaven,

*Lamb of God*, who takest away the sins of the world, *spare us, O Lord.*
*Lamb of God*, who takest away the sins of the world, *graciously hear us, O Lord.*
*Lamb of God*, who takes away the sins of the world, *have mercy on us.*

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

V. *Let us pray:* Protect, O Lord, Thy servants by Thy gracious and abundant help, and grant that our
confidence in the protection of the blessed Mary ever Virgin may obtain for us security against all enemies and all dangers. Through our Lord Jesus Christ. \textbf{R.} Amen.

\textbf{Mary, my Guide}

O Mary, my Mother, most lovely and mild, look down upon me, a weak, lonely child. From the land of my exile, I call upon thee; oh, Mary, in pity look kindly on me.

If thou shouldst forsake me, oh where should I go, my comfort, my hope in this valley of woe? When the world and its dangers and terrors I view, sweet hope comes to cheer me, in pointing to you.

Then Mary, in pity, look down upon me, 'tis the voice of thy child that is calling on thee. In sorrow and darkness be still at my side, my comfort, my refuge, my hope, and my guide. Amen.
Litany of Our Lady of Mount Carmel for the Conversion of Sinners

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ hear us.
Christ, graciously hear us.
God, the Father of Heaven, have mercy on us.
God, the Son, Redeemer of the world,
    have mercy on us.
God, the Holy Ghost, have mercy on us.
Holy Trinity, one God, have mercy on us.
Holy Mary, pray for us.
Our Lady of Mount Carmel, Queen of Heaven,
Our Lady of Mount Carmel, vanquisher of Satan,
Our Lady of Mount Carmel, most dutiful Daughter,
Our Lady of Mount Carmel, most pure Virgin,
Our Lady of Mount Carmel, most devoted Spouse,
Our Lady of Mount Carmel, most tender Mother,
Our Lady of Mount Carmel, perfect model of virtue,
Our Lady of Mount Carmel, sure anchor of hope,
Our Lady of Mount Carmel, refuge in affliction,
Our Lady of Mount Carmel, dispenser of God's gifts,
Our Lady of Mount Carmel, tower of strength against our foes,
Our Lady of Mount Carmel, our aid in danger,
Our Lady of Mount Carmel, the road leading to Jesus,
Our Lady of Mount Carmel, our light in darkness,
Our Lady of Mount Carmel, our consolation at the hour of death,
Our Lady of Mount Carmel, advocate of the most abandoned sinners,

For those hardened in vice: With confidence we come to thee, O Lady of Mount Carmel. For those who grieve thy Son: With confidence we come to thee, O Lady of Mount Carmel. For those who neglect to pray: With confidence we come to thee, O Lady of Mount Carmel. For those who are in their agony: With confidence we come to thee, O Lady of Mount Carmel.
For those who delay their conversion: With confidence we come to thee, *O Lady of Mount Carmel.*
For those suffering in Purgatory: With confidence we come to thee, *O Lady of Mount Carmel.*
For those who know thee not: With confidence we come to thee, *O Lady of Mount Carmel.*

*Lamb of God,* Who takest away the sins of the world, *spare us, O Lord.*

*Lamb of God,* Who takest away the sins of the world, *graciously hear us, O Lord.*

*Lamb of God,* Who takest away the sins of the world, *have mercy on us.*

V. Our Lady of Mount Carmel, Hope of the Despairing:
R. Intercede for us with thy Divine Son.

V. *Let us pray:* Our Lady of Mount Carmel, glorious Queen of Angels, channel of God's tenderest mercy to man, refuge and advocate of sinners, with confidence I prostrate myself before thee beseeching thee to obtain for me (pause, to mention request secretly). In return I solemnly promise to have recourse to thee in all my trials, sufferings
and temptations, and I shall do all in my power to induce others to love and reverence thee and to invoke thee in all their needs. I thank thee for the numberless blessings which I have received from thy mercy and powerful intercession. Continue to be my shield in danger, my guide in life, and my consolation at the hour of death. R. Amen.

Prayer to the Holy Virgin of Mount Carmel

O most blessed and immaculate Virgin, ornament and splendour of Carmel, thou who regardest with an eye of special kindness those who wear thy blessed habit, look down also benignly upon me and cover me with the mantle of thy special protection. Strengthen my weakness with thy power; enlighten the darkness of my mind with thy wisdom; increase in me faith, hope and charity. Adorn my soul with such graces and virtues as will ever be pleasing to thy divine Son and to thee. Assist me in life, and console me in death, with thy most ami-
able presence, and present me to the most august Trinity as thy devoted servant and child; that I may eternally bless and praise thee in paradise. Amen.

3x Hail Marys, and Glory be to the Father.

Indulgence 200 days

Prayer to the Queen of Carmel

O glorious Virgin Mary! Queen of Carmel, Mother of God and of poor sinners; special Protectress of all those who wear thy holy Scapular, I supplicate thee, by the glory that has been accorded thee by the Incarnate Word in choosing thee for His Mother, to obtain for me the pardon of my sins, amendment of my life, salvation of my soul, consolation in my pains, and in particular the grace I now ask, provided it be conformable to the will of thy divine Son. Amen.
Litany of Our Lady of Perpetual Help
For private use only

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God, the Father of Heaven, have mercy on us.
God the Son, Redeemer of the World, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.

Holy Mary, pray for us.
Holy Mother of God, pray for us.
Holy Virgin, conceived without sin, pray for us.
Our Lady of Perpetual Help, pray for us.

We sinners call to thee, O Mary, help us.
That we may love God with our whole hearts,
That we may be conformable in all things to thy Divine Son Jesus,
That we may have a tender and heartfelt devotion to thee, most Holy Virgin,
That we may hate with all our strength sin, the only evil,
That we may frequently remember our last end,
That we may often and worthily receive the Most Holy Sacrament,
That we may avoid with all our strength proximate occasions of sin,
That we may not neglect prayer a single day of our lives,
That we may have recourse to prayer in the hour of temptation,
That we may generously forgive our enemies, and wish well to all men,
That we may not defer our conversion from day to day,
That we may zealously labour to overcome our bad habits,
That we may live and die in the grace of God,

In all concerns of soul and body,
In sickness and pain,
In struggles against the inclinations of corrupt nature,
In assaults of evil spirits,
In temptations against the holy virtue of purity
In all danger of sinning,

O Mary, ever help us
When we have reached the end of our earthly course,
When lying on our death-bed, the thought of our approaching dissolution shall fill us with fear and horror,
When in the hour of final separation from all, evil spirits shall try to drive us to despair,
When tempted against the holy virtue of purity,
When death is nigh,
When the loss of my senses shall warn me that my earthly career is at an end,
When the thought of my approaching dissolution shall fill me with fear and terror,
When at the decisive hour of death, the evil spirit will endeavour to plunge my soul into despair,
When the priest of the Lord shall give us the last absolution and blessing,
When our relatives and friends surround our bed, weeping and praying for us,
When our eyes grow dim, and our hearts cease to beat,
When we breathe forth our spirits into the hands of our Creator,
When our poor souls appear before our Divine Judge,

O Mary, ever help us
When the terrible judgment is about to be passed,
When suffering in the flames of purgatory, and pining for the vision of God,

_Lamb of God_, who takest away the sins of the world, _spare us, O Lord._
_Lamb of God_, who takest away the sins of the world, _graciously hear us, O Lord._
_Lamb of God_, who takest away the sins of the world, _have mercy on us._

**V.** Pray for us, O Holy Mother of God,
**R.** That we may be made worthy of the promises of Christ.

**V. Let us pray:** O God, who hast willed that the Mother of Thy only-begotten Son should be the perpetual help of Christians on earth, grant us grace to call on her with confidence in all our necessities of soul and body, so that, saved through her protection and assistance, we may be brought to the everlasting vision of Thy glory in heaven: Through Jesus Christ Our Lord.   **R.** Amen.
Prayer for the Conversion of Sinners

O Mary, Mother of Perpetual Help, thou knowest so well the great value of an immortal soul. Thou knowest what it means, that every soul has been redeemed by the Blood of thy Divine Son; thou wilt then not despise my prayer, if I ask from thee the conversion of a sinner, nay, a great sinner who is rapidly hurrying on towards eternal ruin. Thou, O good, merciful Mother, knowest well his irregular life.

Remember, then, that thou art the refuge of sinners, remember that God has given thee power to bring about the conversion of even the most wretched sinners. All that has been done for his soul has been unsuccessful; if thou dost not come to his assistance, he will go from bad to worse. Obtain for him an effectual grace that he may be moved and brought back to God and his duties. Send him, if necessary, temporal calamities and trials, that he may enter into himself, and put an end to his sinful course.

Thou, O most merciful Mother, hast converted so many sinners at the intercession of their friends. Be moved also by my prayer, and bring this unhappy soul to true conversion of
heart. O Mary, help; O Mother of Perpetual Succour, show that thou art the advocate and refuge of sinners. So I hope, so may it be.

To Mary, Our Lady of the Miraculous Medal

O Immaculate Virgin, Mother of God and my Mother too, joyfully I salute thee as Our Lady of the Miraculous Medal. I know that from thy pure hands countless graces — symbolized by the refulgent rays of light — have flowed over the earth to gladden the hearts of thy children. Thou art the hope and refuge of the fallen, the health of the sick, the surest help in all our needs. Thou art the comforter of the afflicted, the support of all who are weak, the strong protection for all mankind. Therefore I who am weak and stand in need of thy aid and assistance come to thee I dedicate myself wholly to thee and to thy service.

I beg thee to pray for me to thy Divine Son that like Him I may be always faithful in my duties towards God, my neighbor and myself.
I thank thee for the protection which thou hast granted me in the past. It was thy timely help which enabled me to overcome the assaults of my enemies and to remain faithful to God and His commandments.

I am confident that in that last hour of my life, when all the powers of hell shall be unleashed against me to lead me astray, thou wilt show thyself a Mother to me. That last miracle that I shall receive from thy motherly hands shall be, I do not doubt, admission to that heavenly Kingdom where thy Son is King and thou art Queen. There, with all the Saints, I shall forever praise and bless the goodness and the kindness of Our Lady of the Miraculous medal. Amen.
The Rosary

The Joyful Mysteries

1. The Annunciation
We ask of Thee, O Lord Jesus in this mystery, and through her intercession, a profound humility.

2. The Visitation
We ask, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, charity towards our neighbour.

3. Birth of Jesus
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, detachment from the things of earth, contempt of riches, and love of poverty.

4. The Presentation
We ask of Thee, O Lord Jesus in this mystery, and through her intercession, the spirit of obedience.

5. Finding Jesus in the Temple
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, the love of Thee and of Thy holy service.
The Sorrowful Mysteries

1. The Agony in the Garden
We ask of Thee, O Lord Jesus in this mystery, and through her intercession of Thy most holy Mother, the spirit of prayer.

2. The Scourging at the Pillar
We ask, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, the spirit and mortification of our senses.

3. The Crowning with Thorns
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, an invincible fortitude against the vain judgments of the world.

4. The Carrying of the Cross
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, patience in bearing our crosses.

5. The Crucifixion
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, the spirit of self-sacrifice for Thee and for our neighbour.
The Glorious Mysteries

1. The Resurrection
We ask of Thee, O Lord Jesus in this mystery, and through her intercession of Thy most holy Mother, the spirit of lively faith.

2. The Ascension
We ask, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, the virtue of hope and an ardent desire of Heaven, our true home.

3. The Descent of the Holy Ghost
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, sincere zeal for souls.

4. The Assumption of the Blessed Virgin Mary
We ask of Thee, O Lord Jesus in this mystery, and through her intercession, a tender devotion for so good a Mother.

5. The Coronation of the Blessed Virgin Mary
We ask of Thee, O Lord Jesus in this mystery, and through the intercession of Thy most holy Mother, perseverance in grace, and the crown of eternal glory hereafter.
Prayer of Our Lady of Fatima

O my Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in most need of Thy mercy.

Prayer of the Angel of Fatima

My God, I believe, I adore, I trust, and I love Thee! I ask pardon for those who do not believe, do not adore, do not trust and do not love Thee.

Most Holy Trinity, Father, Son, and Holy Ghost, I adore Thee profoundly.

I offer Thee the Most Precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merit of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. Amen.
Prayer for the Feast of St. Maximilian Kolbe (August 14)

O God, Thou hast filled the heart of Thy Servant, St. Maximilian Maria, with zeal for the salvation of souls, with love of neighbour and with fervent devotion to the Immaculata. Grant us, through his intercession, the grace to work for the honor of God and the salvation of souls and to be conformed increasingly until death to Thy Son, Our Lord Jesus Christ, Who lives and reigns with Thee in the unity of the Holy Ghost, from eternity to eternity. Amen.
This prayer book in accordance with the spirituality of St. Maximilian Maria Kolbe contains devotions to the Blessed Virgin Mary venerated under her many titles: Immaculate Conception, Mediatrix of all Graces, Our Lady of Mount Carmel, Our Lady of Perpetual Help, Mother of Compassion, etc.